

Advice Sheets

www.asdinfowales.co.uk

ASD info Wales have many useful advice sheets for parents. Please find appropriate links below:

Website Link	Description
https://www.asdinfowales.co.uk/resource/Advice-sheet--behaviour-programmes-for-a-child-with-an-ASD.pdf	Developing behaviour programmes for children with Autism
https://www.asdinfowales.co.uk/resource/advice-sheet--identifying-triggers-of-challenging-behaviours.pdf	Identifying triggers of challenging behaviours
https://www.asdinfowales.co.uk/resource/advice-sheet--Using-an-ABC-Chart-to-Identify-Triggers-of-Challenging-Behaviours-in-Children-with-Autismpdf.pdf	Using an ABC Chart to identify triggers
https://www.asdinfowales.co.uk/resource/advice-sheet--Using-an-ABC-Chart-to-Identify-Triggers-of-Challenging-Behaviours-in-Children-with-Autismpdf.pdf	Blank ABC Chart
https://www.asdinfowales.co.uk/resource/Advice-sheet--morning-routines.pdf	Morning Routines
https://www.asdinfowales.co.uk/resource/Advice-Sheet--Reward-Programmes.pdf	Reward Chart
https://www.asdinfowales.co.uk/resource/advice-sheet--sleep.pdf	Sleep
https://www.asdinfowales.co.uk/resource/Advice-sheet--toilet-traning-eng.pdf	Toilet training
https://www.asdinfowales.co.uk/resource/Advice-sheet--using-picture-planners.pdf	Using Picture Planners
https://www.asdinfowales.co.uk/resource/Advice-sheet--anxiety-around-leaving-parents.pdf	Anxiety around leaving parents

Coronavirus Resources

Website Links to support understanding of Coronavirus

Website	Description
https://www.autism.org.uk/services/helplines/coronavirus/resources/helpful-resources.aspx	National Autistic Society – lots of useful advice and resources Social Story – keeping healthy Links to anxiety UK
https://www.tes.com/teaching-resource/child-friendly-explanation-of-coronavirus-by-manuela-molina-12267168	Child friendly Coronavirus social animation
https://littlepuddins.ie/coronavirus-social-story/	The Autism Educator – The coronavirus
https://starautismsupport.com/washing-hands-supports	STAR Autism Support – Handwashing resources

Visual Resources

A visual support refers to using a picture or other visual item to communicate with a child. Visual supports can be photographs, drawings, objects, written words, or lists.

Website	Description
https://www.cht.nhs.uk/fileadmin/site_setup/contentUploads/Services/Clinical/Children_s_Therapy_services/Childrens_Therapy/Speech_Language_Therapy/CommunicationSpecialSchools/object_of_Reference_adapted_calderdaleandhudds.pdf	What are objects of reference?
https://www.autismspeaks.org/sites/default/files/2018-08/Visual%20Supports%20Tool%20Kit.pdf	What are visual supports?
https://do2learn.com/picturecards/printcards/index.htm	Do 2 Learn picture cards
https://widgitonline.com/	Free 21 day trial
https://lisanallyspecialschool.co.uk/index.php/resources/general-resources/203-school-closure-toolkit-for-parents	School closure kit for parents – lots of different visual resources
https://www.autism.org.uk/visualsupports	NAS examples of visual supports

Social Story Resources

Social stories™ and comic strip conversations can help autistic people develop greater social understanding and stay safe.

Website	Description
https://www.autism.org.uk/about/strategies/social-stories-comic-strips.aspx	What are Social Stories / Comic Strips? How to write a Social Story
https://www.abaresources.com/social-stories/	Examples of Social Stories

Home Learning and other useful websites:

Website Links	
http://www.cardiffandvaleuhb.wales.nhs.uk/sitesplus/documents/1143/Supporting%20Children%20with%20LD%20&%20ASD%20with%20COVID%20Isolation.pdf	Supporting children with ASD. Contents include; A. Structure and Routine B. Providing Easy-read Information on COVID-19 C. Looking After Yourself D. Advice from Occupational Therapy on Regulation E. Sleep Routines F. Indoor Activities G. Exercise in the Home H. Managing Behaviour
https://www.twinkl.co.uk/resources/special-educational-needs-sen/special-educational-needs-sen-communication-and-interaction/sen-autism-spectrum-disorders	Access to a wide range of resources to support; Emotions, social situations, relationships, turn-taking and more.
https://www.learning4kids.net/list-of-sensory-play-ideas/	Sensory play ideas
www.therapiststreetforkids.com	Occupational Therapy ideas
http://www.childrenstherapyteam.com/wp-content/uploads/2016/01/Star-Sensory-Handout.pdf	A practical guide for parents and service providers of children with sensory processing disorders
www.autismeducationtrust.org.uk	General Information
www.asdinfo.wales.co.uk	General Information
https://www.autism.org.uk/	General Information