



Amserlen Awgrymedig Meithrin

Suggested Timetable for Nursery (Wythnos yn Dechrau/Week Beginning 1/2/21)

Dydd Llun /Monday	Dydd Mawrth /Tuesday	Dydd Mercher Wednesday	Dydd Iau Thursday	Dydd Gwener Friday
Patrwm iaith yr wythnos: Wyt ti eisiau...? Ydw/Nac Ydw This week's language pattern: Do you want....? Yes/No				
Ffocws Rhifedd yr wythnos: Cyfri setiau o wrthrychau / This week's Numeracy focus: Counting sets of objects				
Ffocws Llythrennedd yr wythnos: sylwi ar rhythm ac oed wrth wrando ar stori / Literacy Focus: notice rhythm and rhyme while listening to a story				
Sesiwn ar TEAMS gyda Mrs Jones (9.30 / 10.00) Gwisgwch rywbeth sy'n gwneud i chi deimlo'n hapus, e.e. dillad ffansio/parti! TEAMS Session with Mrs Jones (9.30/10.00) Wear something that makes you feel happy, e..g fancy dress/party clothes!! Gwyllo fideo teimladau Mrs Jones. Watch Mrs Jones' feelings video. Creu potel synhwyrdd. Make a sensory bottle. Gwrando ar gân Sylwi a Thawelu'r Meddwl Listen to Cyw's 'Mindfulness' Song.	Gwyllo fideo anadlu dwfn Mrs Jones. Watch Mrs Jones' deep breathing video. Gwyllo fideo cyfri setiau o wrthrychau Mrs Jones. Watch the counting sets of objects video with Mrs Jones. Gwrando ar stori 'Gyda'n Gilydd' Listen to the story. 'Gyda'n Gilydd.'	Sesiwn ar TEAMS gyda Mrs Jones (9.30 / 10.00) Gwisgwch rywbeth sy'n gwneud i chi deimlo'n hapus, e.e. dillad ffansio/parti! TEAMS Session with Mrs Jones (9.30/10.00) Wear something that makes you feel happy, e..g fancy dress/party clothes!! Ymarfer patrwm iaith yr wythnos wrth gwyllo fideo chwarae rôl Mrs Jones. Practice this weeks language pattern by watching Mrs Jones role play fideo. Gwrando ar y gerddoriaeth a creu llun teimladau. Listen to the music and create a feelings picture.	Gwneud sesiwn 'dwdl a dawns' gyda Mrs Jones. Take part in a 'dough disco session' with Mrs Jones. Gwyllo fideo a chwarae gem. Watch the video and play the game. Cyflawni her 'Saib i Sylwi' Complete the 'Let's Notice Nature' challenge.	Cyflawni her 'Dydd Miwsig Cymru' Complete the 'Welsh Language Music Day' challenge Gwrando ar stori 'Mae Gan Bawb Ei Gorff ei hun' ac yna gwyllo fideo celf Mrs Jenkins Listen to the story and then watch Mrs Jenkins' 'Express Yourself' art video. Cymrud rhan mewn sesiwn tawelu'r meddwl. Take part in a mindfulness session.
I ddod o hyd i'r fideos uchod ar wefan y dosbarth, cliciwch yma: To find the above videos on our class webpage click here: https://ysgol-gymraeg-bryn-y-mor.secure-primariesite.net/cliwch-yma-am-weithgareddau-1221-click-here-for-a/				
I ddod o hyd i fwy o weithgareddau, cliciwch ar y dolenni isod: To find more activities and ideas, click on the links below: https://ysgol-gymraeg-bryn-y-mor.secure-primariesite.net/adnoddau-defnyddiol-useful-resources/				



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