



Helo bawb!



1/2/2021

Annwyl bawb,

Gobeithio eich bod i gyd yn iawn ac wedi mwynhau gweithgareddau Santes Dwynwen yr wythnos diwethaf.

Mae'n wythnos 'Iechyd Meddwl Plant' yr wythnos hon ac felly bydd gwaith yr wythnos wedi ei selio ar les a hapusrwydd.

Cofiwch i edrych ar y wefan lle bydd fideos yn ymddangos ar dudalen y dosbarth i chi i'w mwynhau. (cliciwch ar yr enfys) Unwaith eto, cofiwch wedyn i edrych yn y ffeiliau wedi eu rhannu yn J2PDF am dasgau i'w cwblhau. (Mae cyfarwyddiadau ar y wefan ynglŷn â sut i agor a chadw gwaith yn eich ffeiliau os nad ydych yn siŵr sut i wneud hyn.)

[Gwaith Cartref / Homework | Ysgol Gymraeg Bryn y Mor \(yggbrynymor.co.uk\)](https://www.yggbrynymor.co.uk)

Fel arfer, byddwn yn gosod tua dwy dasg y dydd i chi i'w cwblhau. Mae amserlen awgrymedig o weithgareddau'r wythnos wedi ei atodi.

Edrychwn ymlaen hefyd at eich gweld unwaith eto yn ystod ein sesiynau ar Microsoft Teams. Mae amserlen newydd o sesiynau'r wythnos a newid i'r grwpiau ar ddiwedd y llythyr hwn.

Adnoddau ychwanegol defnyddiol i gefnogi'r dysgu:

Os hoffech fynediad at hyd yn oed mwy o syniadau neu adnoddau, dyma ambell syniad i chi:

Meddwlgarwch: <https://www.bbc.co.uk/bitesize/articles/zqjqcmn>

<https://www.bbc.co.uk/bitesize/articles/zsffm39>

Ymarfer corff: <https://www.bbc.co.uk/bitesize/articles/zj7296f>

Rhesymu rhifiadol:

<https://resources.hwb.wales.gov.uk/VTC/2019/maths/index.html>

Adnoddau cyffredinol:

<https://www.yggbrynymor.co.uk/adnoddau-defnyddiol-useful-resources/>

<https://www.yggbrynymor.co.uk/cefnogich-plentyn-yn-y-cartref-supporting-your-chi/>

Mwynhewch y gweithgareddau a chofiwch barhau i uwchlwytho eich lluniau, fideos a gweithgareddau i'ch ffeiliau ar Hwb.

Hwyl am y tro a chadwch yn ddiogell!

Cofion cynnes,

Mr Jones a Miss Griffiths

JonesR270@hwbcymru.net

GriffithsK31@hwbcymru.net



Helo bawb!



Dear all,

I hope that you are well and that you enjoyed last week's activities based on St Dwynwen's Day.

It's Children's Mental Health Week from the 1st-7th February, so the week's work will be based on the theme of wellbeing and happiness.

Please remember once again to check out the class page on the school website where videos will appear on the class page for you to enjoy. (click on the rainbow) After watching the videos, you will be able to find activities to complete in the J2PDF area on Hwb. (There are instructions on the class page on the website if you are still unsure of how to open and save work.)

[Gwaith Cartref / Homework | Ysgol Gymraeg Bryn y Mor \(yggbrynymor.co.uk\)](http://yggbrynymor.co.uk)

We shall be uploading about 2 tasks a day for you to complete. The week's suggested timetable of activities is attached.

Additional resources to support the learning:

Should you want to access more useful resources and ideas, here are a few suggestions:

Mindfulness: <https://www.bbc.co.uk/bitesize/articles/zqjqcmn>

<https://www.bbc.co.uk/bitesize/articles/zsffm39>

Physical Activity: <https://www.bbc.co.uk/bitesize/articles/zj7296f>

Mathematical Reasoning:

<https://resources.hwb.wales.gov.uk/VTC/2019/maths/index.html>

General Resources:

<https://www.yggbrynymor.co.uk/adnoddau-defnyddiol-useful-resources/>

<https://www.yggbrynymor.co.uk/cefnogich-plentyn-yn-y-cartref-supporting-your-chi/>

We look forward to seeing you all once again during our Microsoft Teams meetings. An updated timetable of sessions and change of groups is attached at the end of this letter.

Enjoy this week's activities and please remember to save your work, pictures or videos in your Hwb file.

Best wishes and stay safe,

Mr Jones a Miss Griffiths

JonesR270@hwbcymru.net
GriffithsK31@hwbcymru.net



Helo bawb!



Amserlen Teams Timetable Sesiynau 15 munud / 15 minute sessions

Dydd Llun 1/2/21 Monday gyda/with Mr Jones		
12:30	13:00	13:30
Grwp Glas Dilshad Damien Louis-Jay John Soffia Mali Ruth Beau Rosie	Grwp Coch Lawson Finley Torin Mia Ruby Anwen Gwen Mari Gwen Bella	Grwp Melyn Gethin Freddie Dexter Milo Lucian George Morgan Charlie

Dydd Mercher 3/2/21 Wednesday gyda/with Mr Jones		
12:30	13:00	13:30
Grwp Glas Dilshad Damien Louis-Jay John Soffia Mali Ruth Beau Rosie	Grwp Coch Lawson Finley Torin Mia Ruby Anwen Gwen Mari Gwen Bella	Grwp Melyn Gethin Freddie Dexter Milo Lucian George Morgan Charlie

Dydd Iau 4/2/21 Thursday gyda/with Mrs Evans		
12:45	13:15	13:45
Grwp Glas Dilshad Damien Louis-Jay John Soffia Mali Ruth Beau Rosie	Grwp Coch Lawson Finley Torin Mia Ruby Anwen Gwen Mari Gwen Bella	Grwp Melyn Gethin Freddie Dexter Milo Lucian George Morgan Charlie

Dydd Gwener 5/2/21 Friday gyda/with Miss Griffiths		
12:30	13:00	13:30
Grwp Glas Dilshad Damien Louis-Jay John Soffia Mali Ruth Beau Rosie	Grwp Coch Lawson Finley Torin Mia Ruby Anwen Gwen Mari Gwen Bella	Grwp Melyn Gethin Freddie Dexter Milo Lucian George Morgan Charlie