

Spring Term 2025 — Y Traeth -Miss James

Bant â ni i gynllunio!



You use money to buy things
in the shop.

Catrin

I don't like oranges, but I like
apples.

Caio

I like baking cakes.

Anwen

We can have a cafe in school.

Harri

I want to go to a donut shop.

Emilia

I like cooking.

Rhys

I help my dad to cook!

Renata

We can grow some foods. They
need soil and water.

Isabella

You've got to wash your hands
before you cook.

Iris

The purpose of this unit of learning is to make it possible for the learners to develop into more confident individuals by learning about various foods and the importance of a balanced diet. The learners have opportunities to develop a body of knowledge and vocabulary about food. Learners will also have opportunities to apply knowledge about the effect of diet on physical and mental health in their everyday lives by learning about different types of diet, what a healthy plate looks like and about what is meant by '5 a day'.

The learners will have opportunities to be curious and ask questions when using their senses to explore various foods. We hope to develop enterprising, creative contributors who can communicate effectively when expressing their ideas and what they like.

We want to develop informed learners who are aware of their rights; especially 'the right to clean water and good food' (article 24). We strive to develop inquisitive learners, who ask natural questions to find out more.

At the end of the learning unit, we trust that the learners will be enterprising, creative contributors who have the skills and knowledge to start managing their daily lives. They will be able to relate and apply their knowledge and skills in order to plan and prepare a healthy and balanced picnic for everyone to enjoy.



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This terms big idea:

What's in the shopping basket?

Here's some of our ideas...



Humanities

- Form opinions about food that I like and dislike
- Learning about foods from different countries
- Being curious about Welsh traditions whilst learning about Saint David
- Learning about the history and culture of Wales in particular Saint Dwynwen and Saint David Day, and the traditions of Easter.

The Expressive Arts

- Use a range of media to draw cross-section pictures of fruits and vegetables
- Create transient art using a variety of foods.

Remember to visit the school website for more information and pictures!
www.yggbrynymor.co.uk

Language, Literacy and Communication

- Play games to develop concentration skills
- Create a role play area ; café, pizza parlour, ice cream shop (hold a vote)
- Listen to a variety of stories and poems that are related to the big idea
- Learn key vocabulary, phrases and songs linked to the big idea
- Learn a story to memory using Pie Corbetts techniques
- Activities before reading / writing, e.g. listening games, POPAT activities
- Express themselves through mark making, drawing pictures and emergent writing
- Enjoy writing a variety of genres e.g. shopping lists and recipes.

Mathematics and Numeracy

- Develop an understanding of mathematical language through game playing and role playing
- Sing number times and songs
- Count, read, write, and order numbers
- Classify foods, collect data and present it
- Investigate shapes, space, measures, money and pattern
- Solve simple problems practically.

Health and Wellbeing

- Make decisions relating to favourite foods
- Learn about different food groups, the healthy plate and the importance of 5 a day
- Learn about a variety of diets including veganism
- Through playing explore, discover and begin to ask questions
- Begin to understand the importance of hygiene while preparing and cooking food
- Strengthen and develop fine and gross motor skills and hand eye coordination.

Science and Technology

- Learn about the senses: concentrating on smelling, tasting and touching
- Be curious about how foods change while being cooked
- Learn about food processes: freezing, melting and mixing.
- Prepare a range of foods e.g. fruit kebab, cawl or Welsh cakes
- Use a range of equipment safely
- Prepare a picnic
- Conduct a scientific investigation using tins of food
- Design an invitation to the picnic together using familiar apps/programmes