

Blynyddoedd Meithrin a Derbyn/ Nursery and Reception

Gwnewch wahoddiadau i'ch teulu a'u hoff dedis. Make invitations for your family and their favourite teddies.  	Beth am chwarae 'Gêm Kim'? Edrychwch yn ofalus ar y picnic. Caewch eich llygaid. Cymerwch dro i dynnu un peth i ffwrdd. Fedrwch chi sylwi beth sydd wedi diflannu? Play 'Kim's Game'. Look really carefully at the picnic. Close your eyes. Take turns to take one thing away. Can you spot what's missing? 	Rhaid golchi dwylo cyn paratoi a bwyta bwyd. Dewch i ddysgu cân Cyw am olchi dwylo! Always wash your hands before preparing food and eating. Let's learn Cyw's washing hands song! https://cyw.cymru/caneuon/golchi-dwylo/ 	Gwrandewch ar stori am Douglas a'i ffrindiau yn coginio cacenau mêl. Listen to a story about Douglas and his friends baking a honey cake. https://www.youtube.com/watch?v=h4mXRI0iu8E 	Ysgrifennwch restr siopa ar gyfer y bwyd sydd angen i'r picnic. Write a shopping list for your picnic.  
Beth yw hoff frechdan aelodau'r teulu? Sut ydych chi'n mynd i gofio? Find out your family's favourite sandwich filling. How will you remember? 	Derbyn- Gwnewch 'Pictogram' ar JiT o hoff frechdan/fwyd picnic eich teulu. Reception- Make a 'Pictogram' on JiT of your family's favourite sandwich/picnic food. 	Rhowch gynnig ar ddilyn rysait i goginio cacennau neu fisgedi i fwyta yn y picnic. Have a go at making cakes or biscuits for the picnic. Can you follow a recipe? 	Beth am chwarae gêm flasau? Caewch eich llygaid a blaswch darn bach o'r bwyd. Fedrwch chi ddyfalu beth yw e? Ydych chi'n hoffi'r blas? Play a tasting game. Close your eyes and taste a small about of the food. Can you guess what it is from just taste? Do you like it? Note your findings on the 'Wyt ti'n hoffi..?' sheet. 	Mwynhewch eich picnic Tedi Bêrs! Cofiwch ddanfôn lun i'ch athrawes Enjoy your picnic! Remember to send a photo to your teacher. 

Dyma gerdyn BINGO i chi a'r teulu ei gwblhau dros yr wythnosau nesaf! Sawl her gallwch chi eu cwblhau tybed?

Here is a BINGO card of challenges for you and your family to aim for over the coming weeks. How many can you complete?

YSGOL GYMRAEG



CAW IATHE CAW CHLAU
BRYN Y MŌR

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